NOTICE TO ALL EMPLOYEES

If you become injured at work, you must see one of the following medical providers for initial medical care.

PIKE COUNTY

GATEKEEPERS

HARRISON, STEVEN M., DC

50 Village St Pikeville KY 41501-3266 (606) 432-0386

Vaughan Family Chiropractic

28209 US Hwy 119 N Goody, KY 41514-0000 (606) 237-1002 Vaughan, Jefferson K., DC TRIVETTE FAMILY CARE

9783 Meta Hwy Pikeville, KY 41501-4747 (606) 631-0057 **Trivette, Maurice, MD**

VIRGIE FAMILY MED. CTR

415 Hwy 610 W Ste. 100 Virgie, KY 41572 (606) 639-0855 Warsy, Adil, MD American Ambulatory Health
Associates

210 Virginia Ave South Williamson, KY 41503-4135 (606) 237-6000 **Purohit, Nilkhanth B., MD**

HOSPITAL

PIKEVILLE UNITED METHODIST HOSPITAL

911 S Bypass Rd. Pikeville, KY 41501-1503 (606) 218-3501

A complete directory is available for review at http://www.focus-ppo.com/kymco

These medical providers have been chosen by your employer as our first choice of medical providers for injuries sustained on the job, pursuant to the Kentucky Department of Workers' Claims regulation 803 KAR 25:110E and statute KRS Chapter 342. The Concentra Managed Health Care Plan system has been selected by your employer and is designed to help you receive timely and effective medical care and treatment for your work-related injuries and to help you return to work as soon as medically possible.

If you have any questions see your supervisor or call: Concentra at (866) 624-6390

4/12/2006